

# RE-ENTRY RUNDOWN-FALL EDITION VOL. 4

OCTOBER 18, 2017

## INSIDE THIS

WILLOW CREEK

GOODWILL NEW BEGINNINGS PROGRAM

RWI— S ADDICTION RECOVERY

IUPUI AND 4

PAROLE 4 LIAISON

## **Logo Design Contest Winner!**

We had nine fantastic submissions for the grant logo design contest. All designs were appreciated and wonderful, but only one could win. Congratulations to Susan Goodman from ISF for the winning logo (shown to the right)! The voting began on September 29th and concluded October 6th. We had almost 100 individ-

uals participate in the voting, many thanks to all who participated!

This is another step in our initiative to move forward with Evidence-Based Practices. We look forward to continuing progress with The Carey Group and their goals for the Indiana Department of Correction.

Keep your eye out so that we can connect with everyone soon via Twitter and Facebook!



# Out with the Old and in with the New New Pre-Release Policy

As of October 1, the new Pre-Release portion of the Re-Entry policy went into affect.

The policy provides more structure to the pre-release process by ensuring the IDOC is following both Indiana Code 11-13-8-3 and evidence-based practices. SPOP and IPOP have been replaced with START (Successful Transition and Re-Entry Training) and TIPS (Transitional Information Packet Services). START is made up of six Core Workshops with standardized curriculum, along with at least two Elective Workshops facilitated at the discretion of the Re-Entry Coordinator for the facility. TIPS also consists of the six Core Workshops but in the format of self-study using a standardized handbook.

Re-Entry Coordinators, please contact David, Jenna, or Alexis with any questions. Unit Team staff, please contact your Re-Entry Monitor with any questions. We welcome all concerns and questions as we make the transition.

Thanks to everyone for your hard work and patience as we roll out the new policy, referral process, and curriculum!

## SPECIAL POINTS OF INTEREST:

- December 1 Master Academy kick off
- December 11 and 12
   Case Management 101
- December 13 and 14 IRAS training

"When patterns are broken, new worlds emerge."—Tuli Kupferberg

#### WILLOW CREEK GLOBAL SUMMIT

Thirteen Indiana Department of Correction facilities participated in this year's annual Willow Creek Global Leadership Summit on August 10th and 11th. Broadcasted live from Willow Creek Church, outside Chicago, the two-day event featured church, business and non-profit leaders. The Leadership Summit defined a good leader and how to develop leadership skills.

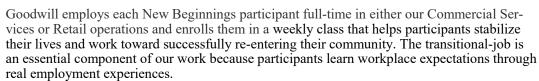
Churches and individuals across the state donated approximately \$40,000, the cost of providing the Summit for the IDOC. Attendees included PLUS, Therapeutic Community participants, volunteers, and Department staff.

Plans are already in motion for the next Global Leadership Summit, August 9-10, 2018.

Around 200,000 people attended the 2017 Summit at over 600 different community locations in the US and Canada. It is being translated into 60 languages and will be shown in 128 countries around the world.

#### GOODWILL OF CENTRAL & SOUTHERN INDIANA

Goodwill of Central & Southern Indiana operates New Beginnings, a six-month transitional job and re-entry program providing employment, educational training, life skills development, and stability coaching for recently incarcerated individuals through on-the-job training and in a classroom setting. This program is designed to prevent re-incarceration by assisting high-risk offenders referred by the IDOC in gaining the skills and resources needed to be economically successful. Last year 15 participants from IDOC referrals graduated the program with a 100% employment placement rate and none of these individuals have re-offended.





Each participant is required to begin building a network of support. This can include family, friends, a faith network, or other individuals who will help the participant achieve their goals and avoid reoffending. Participants must identify a specific accountability partner who is invited to meet with our class facilitator and tasked with ensuring follow through on work and class commitments.

We focus on financial literacy including budgeting, reading and improving a credit score, and avoiding predatory lending practices. We partner with local banks who teach the class about checking and savings accounts. Each participant is required to open and maintain a bank account prior to graduating the program. New Beginnings staff assist participants in enrolling in health insurance and finding a primary care physician. Everyone is encouraged to complete a mental health assessment and get treatment if needed. We help participants learn to identify safe, stable housing with space of their own.

During the 5th month of the program, after participants have achieved the other key components, case managers help them prepare for interviews and begin job searching. We work with participants to identify a career path that fits their interests and skills but is also a realistic opportunity considering their criminal history. Program staff connect them with Goodwill's employer partners in high-demand industries such as healthcare, warehousing, manufacturing, and property management. Once a participant is placed, our staff continues to provide limited support and track their success.

### RECOVERY WHILE INCARCERATED (RWI)-

ADDICTION RECOVERY SERVICES DIVISION

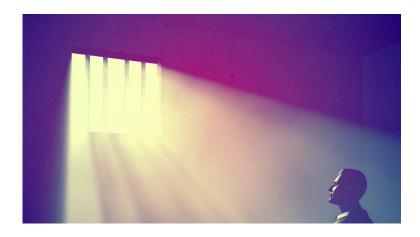
The Addiction Recovery Services Division, in partnership with IDOC's health services provider Wexford of Indiana, has begun rolling out the Department's new substance abuse treatment program, *Recovery While Incarcerated* (RWI). RWI is an innovative approach to providing treatment for drug and alcohol addiction in correctional facilities, and is an important support platform in Governor Holcomb's plan to address the opioid epidemic in Indiana.

#### Key features of RWI include:

- Providing services to offenders early in their incarceration, rather than toward the end of their sentence. By making
  early treatment a priority, offenders no longer have to "live in their addiction" for months or years before addressing
  recovery from substance use. As an added benefit of early treatment, facilities will likely see a reduction in substancerelated incidents, thus enhancing the overall safety and security of IDOC facilities.
- Developing individualized recovery treatment plans for each offender, moving away from the existing "one-size-fitsall" treatment model. At its core, RWI is about providing the right service to the right offender at the right time. Offenders will be able to address recovery issues specific to their unique needs, to prepare them for successful re-entry into the community.
- Providing the full continuum of addiction recovery services (ARS) at each facility. Once the rollout has reached all of
  the Department's adult facilities, offenders will no longer have to be housed only at certain locations in order to take
  advantage of the ARS treatment program clinically indicated for them.
- Referral to RWI will be the second priority for offenders, behind education. Offenders identified as needing treatment
  services for addiction issues whose education and literacy needs have already been met will be referred to RWI before
  any other restorative or employment program.

Some features of the existing ARS treatment program will remain, such as time credits for successful completion, designated housing units for offenders enrolled in RWI, and supporting the Purposeful Incarceration initiative.

RWI rollout is being conducted on a facility-by-facility basis, and is supported by targeted on-site training for facility Custody, Unit Team, and Classification staff. ARS staff at each facility will participate in several days of intensive program training prior to implementation, as well. As of September 30<sup>th</sup> RWI has been implemented at ISP and Westville, and program rollout will continue on a progressive schedule. IWP, Pendleton, CIF, and Miami are scheduled for implementation by the end of 2017, and the goal is for RWI to be in place at every adult facility by June 30, 2018.



#### TOASTMASTERS AND IUPUI

On August 15<sup>th</sup>, the Pendleton Correctional Facility kicked off a new collaboration between their Toastmasters Club "Raising the Bars" and IUPUI's Theme Learning Community (TLC) program. Every week students will travel to the facility to attend club meetings. While inside, students will receive coaching in communication, public speaking, and leadership from the club members. This venture marks the IDOC's commitment to rehabilitation and community involvement. Not only will the students take part in an extraordinary life-learning experience but the residents will gain invaluable social intelligence skills – a core occupational competency. Moreover, this opportunity grants residents the ability to give back to society by helping to shape our future community leaders. We couldn't be more excited and thankful for the opportunity and support."





#### WEXFORD HEALTH-PAROLE LIAISON

J.C., a 38 year old male, began parole in June 2017. Mr. C. was referred to liaison through the PD 2 orientation process. Liaison completed an intake assessment, while he was residing at a homeless shelter. His liaison referred him to the Community Mental Health Center (CMHC) through Recovery Works. Mr. C. worked with the case manager at the CMHC on obtaining his ID, setting up a bank account and securing housing. At this time, he continues to maintain his housing, is active in treatment and is in compliance with the sex offender registry.

S.B. reports feeling like the "black sheep" of the family, and further states that he comes from a very prominent family that doesn't engage in substance use. S.B. joined the US Navy desiring to live a better. But, he states he continued to use throughout his career, serving in two wars. S. B. liaison recommended a mental health/substance abuse evaluation at the local mental health center. S.B. was grateful and is attending treatment/recovery support meetings weekly and is searching for a sponsor.

I.K. is a 34 year old male who began parole in March 2017. Since March 2017, his liaison has been assisting him with mental health services, housing, insurance and clothing. I.K. did struggle a bit to find housing, due to prior charges, but is now stable and working. He hasn't tested dirty for any drugs and has been trying to maintain his life while on parole.

